

# RULES OF THE COMPETITION

## NO ONE IS ALLOWED TO CROSS THE INFIELD TO MARSHAL FOR ANY EVENT IN THE BACK STRAIGHT.

### **YOU MUST WALK AROUND THE OUTSIDE OF THE TRACK.**

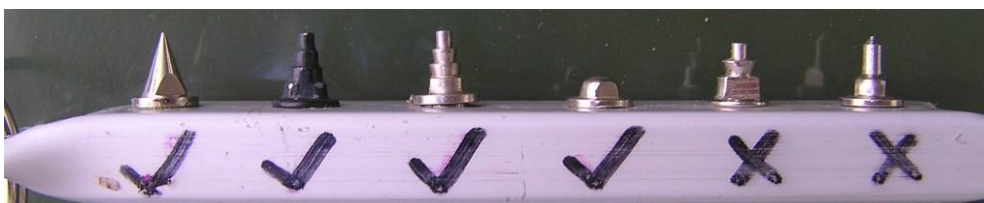
1. For TRACK events all competitors must report to the starters marshal and for FIELD events report to the chief official at designated venue.
2. Each competitor **must** be dressed in the correct club uniform with the current chest tag firmly attached by pinning it in the correct position. Competitors will be refused competition if all factors of this rule are not observed. If directed by LAVic, a sponsorship logo shall be attached to the front of the club uniform.
3. Coaching of competitors from the in-field is prohibited and could result in the disqualification of athletes.
4. When an event is being conducted on the in-field, only athletes actually competing in the event will be allowed onto the arena.
5. All adults, other than those officiating and non-competitive athletes, are excluded from crossing the front straight and entering the in-field now that Javelin is an official event. Athletes and children are **NOT PERMITTED** on or around the Timekeeper or the finish line. The Centre will not be responsible for any injuries or accidents occurring in these areas.
6. Competitors may leave a field event to compete in a track event with the permission of the official in charge, but must resume the event at the stage the event has reached during their absence.
7. In the event of misconduct of competitors, the Chief Official shall recommend disqualification to the Executive member/s, who will report immediately to the Team Manager, any disqualification or disciplinary action to be taken.
8.
  - a) At least three timing mechanisms are to be used for 1<sup>st</sup> place on back-straight events. No records will be recognised if this rule is not adhered to.
  - b) Fully electronic timing mechanisms will be used for 1<sup>st</sup> place on front and back straight with additional hand held watches.
  - c) To claim a field event record an athlete must win that event, and the measurement must be sighted and verified by an Executive member. Measurement should preferably be made with a steel tape.
  - d) Race walk records
    - There must be a minimum of four (4) qualified "D" grade or higher walk judges officiate the event.
    - As the leading athlete/s are finishing the event, there must be a minimum of two (2) walk judges in the vicinity of the finish line (i.e., approximately the last 50 metres) with the designated chief walk judge positioned at the finish line.

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- d) Race walk records...continued
- Timing mechanisms as per clause 8a.
  - No records will be recognised if the above is not adhered to.
9. Proof of age for registration to be verified and signed by any Club President, Secretary or Treasurer.
10. For an athlete to **TRANSFER** from one club to another during the season, the parent must forward a request to both clubs involved and to the Executive Council, explaining valid reasons for transfer. Both clubs are to discuss the request, with decisions being forwarded in writing to the Centre Secretary. The Executive will then decide the granting or refusal of the transfer.

Prior to the re-registration for the new season, previously registered children may transfer from one club to another without a clearance provided that the parent advise both clubs concerned in writing. This is a LAV ruling.

11. Competitors may score Inter-club and/or personal points only while competing in their true age group. Points are scored from the date of registration.
12. a) To be eligible to compete in the Centre Championships an athlete must compete in 50% of available point scoring days of which one (1) must be competed in after Christmas.  
b) To be eligible to compete in the Region Track & Field an athlete must have participated in a minimum of four (4) weeks of Centre competition prior to close of entries as determined by the Association.  
c) If the required number of days is not completed due to illness or injury, a doctor's certificate will be required as proof.  
d) Members of the Junior Development Squad are to complete 50% of available program when not involved in LAVic squad commitments.
13. A maximum of 7mm spikes (Conical or Christmas tree) are permitted at Centre for U11-U16 age groups in laned events, long jump, triple jump, 9mm spikes are permitted in high jump and javelin only. (U13-16 are also permitted to wear spikes in all track events except race walks as per LAV regulations). Appropriate footwear is to be worn at all times. No bare feet allowed.
14. Starting blocks must be used for all athletes U11 – U16 wearing spikes. Spikes are allowable for age groups U11-U16, for all laned events up to 400m. U11 can use starting blocks if performing a crouch start. Athletes can use starting blocks provided by the centre and will not be allowed to hold up the program for more than 1 minute.



15. A crouch start can be used by all athletes in the U11 - U16 age groups, (boys and girls), for all track events up to and including the 400 metres. All athletes from U6 - U16 can perform a standing start in all events.
16. A local rule for Triple Jump is that in not making the pit on the first trial, an athlete will be allowed to go back and redo run-up or alter take-off point. Once this is done to the satisfaction of the athlete and a successful trial completed, if on a subsequent trial the athlete fails to make the pit, the trial shall be deemed a no jump.
17. A local rule concerning shot put and discus is that all athletes must enter the ring from the back of the ring, not the front.
18. A local rule concerning High Jump is that all athletes will begin their competition 10 cm below their PB. During the first round athletes will be allowed 3 jumps and 2 baulks, from round 2 onwards they will only be allowed 2 jumps and 1 baulk.
19. A Corio Centre record broken at another Centre becomes a Corio Centre Outside Record. However, once an outside record has been established for any event (as listed in this handbook as a Corio Centre Outside Record), then that record needs to be broken to claim a new outside record for that event. Your performance must be signed by an official at the event. Present your claim to Records & Rankings with verification.

**ALL RECORDS BROKEN AT THE CORIO TRACK  
WILL BE IDENTIFIED BY THE CENTRE COMPUTER.**

**IF A DISCREPANCY OCCURS, PLEASE NOTIFY YOUR TEAM MANAGER  
WHO WILL DISCUSS IT WITH RECORDS & RANKINGS.**

## **MARSHALLING REMINDER**

**DO NOT CROSS THE INFIELD FOR ANY  
REASON!**

**No athlete, unless competing in an event,  
or parent, unless officiating,  
will be allowed on the infield.**

**Please check marshalling areas where athletes must  
report when called for events (refer to track layout)**